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Cognitive Therapy For Personality Disorders

More research is finding that drugs like
ecstasy can be used to treat PTSD and
other mental health diseases. But there
are caveats.

Ecstasy is a tool, not a cure-all, for healing trauma

In honor of Mental Health Awareness
month and as part of our weekly series,
in partnership with Know Your Value,
highlighting women over 50 who are
changing the world, this week we want
to shine a ...

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Women Over 50 Working To Improve Our Collective Mental Health

Cognitive Behaviour Therapy (or CBT ...
CBT is also used in the treatment of
bipolar disorder, borderline personality
disorder, eating disorders, schizophrenia
and psychosis, insomnia and alcohol ...

CBT: how cognitive behaviour therapy works

But once that connection has been
made, it's also important to find the
right kind of therapy that would ...
patients who had a borderline
personality disorder, but now is used
with people ...

Yes, Talk Therapy Can Help: Here's What You Need to Know About CBT vs. DBT

Just a few years ago, most therapy
sessions were completed in a brick-and-
mortar setting. Here are the best online
therapies available now.

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Types of Online Therapies You Should Consider Today

Borderline personality disorder' in a primary care context. People diagnosed with 'BPD' (PdxBPD) are associated with frequent crisis ...

'Borderline personality disorder' in primary care

In this balanced and critical overview, an international team of experts examines systematically the evidence in support of the effectiveness of cognitive ... of disorders covered includes depression, ...

Cognitive Therapy across the Lifespan

When it comes to mental health and illnesses, most of us are familiar with anxiety, depression, and bipolar disorder. But recently, 90210 and Nip/Tuck star AnnaLynne McCord, 33, opened up about her ...

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Annalyne Mccord Recently Opened Up About Her Struggle With Dissociative Identity Disorder—What Does That Mean?

The evolutionary growth of humans' prefrontal cortex has long been considered a singular explanation for our extraordinary brainpower. However, accumulating evidence suggests that previously unknown ...

Psychology Today

Psychotherapy is among the most effective treatments for PTSD, as it addresses traumatic memories and related emotional and cognitive ... or those with personality disorders.

MDMA may help treat PTSD - but beware of claims that Ecstasy is a magic bullet

Am J Psychiatry 2001; 158 (1): 36-42.
MEDLINE 15. Young JE: Cognitive therapy for personality disorders: A schema-focused approach (3rd ed.), Sarasota, FL USA: Professional Resource

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Press ...
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Psychopathology and Treatment of Borderline Personality Disorder

6. Cognitive behavioral therapy for social anxiety disorder Michaela B. Swee, M. Taylor Wilmer and Richard G. Heimberg
7. CBT for social anxiety disorder Henrik Nordhal and Adrian Wells
8. CBT for ...

Evidence-Based Treatment for Anxiety Disorders and Depression

such as borderline personality disorder, depression and psychosis. Cognitive deficits are core features of mental disorders and important in predicting long-term prognosis—the researchers' work ...

Childhood cognitive problems could lead to mental health issues in later life

Childhood cognitive problems such as low attention ... such as borderline personality disorder, depression and psychosis.' Deficits in sustained

attention in eight-year-olds precede development ...

Childhood Cognitive Problems Linked to Mental Health Issues

Children who struggle with memory issues and have a poor attention span are more likely to develop mental health conditions when they become adults, study shows. Researchers from the University of ...

Kids with cognitive issues may have mental health problems as adults

Chapter 6 Cognitive-Behavioral Therapy for Eating Disorders Chapter 6 Cognitive ... Chapter 8 Treatment Implications of Comorbid Personality Disorders Chapter 8 Treatment Implications of Comorbid ...

The Outpatient Treatment of Eating Disorders: A Guide for Therapists, Dietitians, and Physicians

When we study eating disorders it is important to distinguish the processes that may have caused the problem to

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start (causes of eating disorders) from
those who led it to persist (maintaining
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